

MENTORS GUIDE KALMAR

Each semester a beautiful bunch of exchange students arrive in Kalmar from all over the world. ESN Kalmar takes care of all the exchange students who come here and helps integrate them with student life and the Swedish culture. Being a mentor simply means helping make the exchange students' arrival and stay in Kalmar as easy as possible. As a mentor, you will be assigned an exchange student. From there, you will contact the student and answer some questions that they may have about living in Kalmar. Mentors help the exchange student upon arrival by meeting up with them and showing the student apartment. Like most institutions, ESN also arranges an introduction week for the new students that include a diverse variety of activities such as sports, parties, events, and "sittningar" and of course, mentors can participate in.

Being a mentor is a great opportunity and an awesome experience to help an exchange student adjust to living in Kalmar. In addition to the rewarding connections that you will make with students from different cultures, you will also get the chance to practice your language skills (most likely in English) and participate in a student organization that is highly recognized locally, nationally, and internationally. Who knows, maybe you will meet an exchange student who turns out to be a close friend, or perhaps a girlfriend/boyfriend. We organise a kick-off and a Thank-You party as an appreciation for all our dear mentors.

After all mentors have been assigned an exchange student or two, they contact them to answer any possible questions and to report arrival day to us in the ESN board. The mentors are also responsible for the exchange student to get picked up and to collect his or her key to the apartment.

If you have any questions please don't hesitate to contact mentors@esnkalmar.org

Regards,
ESN Kalmar

